



The Management of Health and Safety at Work Regulations 1999

Risk assessment and method statement

The hazards of one activity on one site, how each is controlled, and the order the gang will work in on the day, briefed before the work starts.

PROJECT

SITE ADDRESS			
ACTIVITY		RAMS REFERENCE	
CONTRACTOR CARRYING OUT THE WORK		PRINCIPAL CONTRACTOR	
PREPARED BY	APPROVED BY	REVISION	DATE

Revision record

Reissue and rebrief when the sequence, the programme, the gang or the conditions change. If you would have written it differently had you known, it needs a new revision.

REV	DATE	WHAT CHANGED	BY

THE WORK

The activity, the place and the people

Specific to this site: this sequence, this access, these people, this weather, this neighbouring occupier.

Scope of the activity

What is being done, and what is not included.
One activity per RAMS, or a tightly related set.

MHSWR REGULATION 3(1)

Location and access

Where on site, how people and materials get there, and the restrictions: occupied areas, neighbours, traffic routes, working hours.

Programme and interfaces

When the work runs, and who else is working nearby, before or after. Two operations that become concurrent need the RAMS revisiting.

CDM REGULATION 15(2)

START DATE	DURATION	WORKING HOURS

INTERFACES WITH OTHER TRADES

Documents this RAMS relies on

Drawings, the construction phase plan, surveys such as asbestos, permits, lift plans, manufacturer instructions.

The team, and their competence

CDM REGULATION 8

ROLE	NAME	CARD, TICKET OR TRAINING	CONTACT
Supervisor			
Competent person for inspections			
First aider			

The sequence of work

PROJECT	DOCUMENT RAMS	REVISION	DATE	PAGE 3 of 8
---------	-------------------------	----------	------	-----------------------

Hazards, controls and the risk that remains

	SEVERITY				
LIKELIHOOD	1	2	3	4	5
5	5	10	15	20	25
4	4	8	12	16	20
3	3	6	9	12	15
2	2	4	6	8	10
1	1	2	3	4	5

1 to 4 low
 5 to 12 medium
 15 to 25 high

PROJECT	DOCUMENT RAMS	REVISION	DATE	PAGE 4 of 8
---------	------------------	----------	------	----------------

More hazards

PROJECT	DOCUMENT RAMS	REVISION	DATE	PAGE 5 of 8
---------	-------------------------	----------	------	-----------------------

EQUIPMENT

Plant, equipment and PPE

Plant and equipment

Each item, the checks and certificates it needs, and who may operate it.

PUWER 1998, LOLER 1998

ITEM	CHECKS AND CERTIFICATES	OPERATOR COMPETENCE

Personal protective equipment

PPE is the last line of defence, after the controls above. Specify the type, not just the item.

PPE AT WORK REGULATIONS 1992

ITEM	NEEDED	TYPE AND SPECIFICATION
Safety helmet	☐	
Safety footwear	☐	
High-visibility clothing	☐	
Gloves	☐	
Eye protection	☐	
Hearing protection	☐	
Respiratory protection Type, and face-fit tested	☐	
Harness or restraint Anchor points identified	☐	

CONTROLS

Substances, permits, emergencies and the environment

Hazardous substances

Each substance and its COSHH assessment.

COSHH 2002, REGULATION 6

SUBSTANCE	COSHH ASSESSMENT REFERENCE	CONTROLS

Permits and plans

PERMIT OR PLAN	NEEDED	REFERENCE
Hot work permit	☐	
Permit to work	☐	
Permit to dig or break ground	☐	
Confined space entry	☐	
Lift plan	☐	
Temporary works design	☐	

Emergency and rescue

First aid, fire, and how someone is rescued if they fall, are left suspended in a harness or are overcome. The rescue plan belongs in the RAMS, not after it.

Environment and neighbours

Dust, noise, vibration, waste, spills and hours of work.

PROJECT	DOCUMENT RAMS	REVISION	DATE	PAGE 7 of 8
---------	------------------	----------	------	----------------

Briefed before the work starts

BRIEFED BY	REVISION BRIEFED	DATE AND TIME

[illegible]

A SIGNATURE AGAINST A REVISION, ON A DATE, BEFORE THE WORK STARTED, IS HOW A BRIEFING IS EVIDENCED

PROJECT	DOCUMENT RAMS	REVISION	DATE	PAGE 8 of 8
---------	-------------------------	----------	------	-----------------------